



WOOD FOLD
PRIMARY SCHOOL
 23rd September 2022

Green Lane
 Standish
 Wigan
 WN6 0TS

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Dear Parent / Carer,

Walk to School Week

'Walking to School' is an exciting campaign asking parents, pupils and teachers to incorporate regular physical activity into their daily lives by walking to and from school whenever possible. International Walk to School Week gives everyone in our school community an opportunity to be part of a global event as they celebrate the many benefits of walking. This year we are running a walk to school passport scheme. Pupils who walk to school will get a stamp in their passport.

Why walk?

There are many benefits of walking to school with your child:

- It is good for the health of both yourself and your child (regular exercise can help reduce obesity and is good for the heart, lungs and bones).
- Fewer cars on the roads and around the school gates make the area safer for those who want to walk.
- Your child can practise their road safety skills to prepare them for later life.
- It's sociable for pupils and adults, you can meet up with others. Why not see what you can spot on the journey?
- Walking is much cheaper than coming by car.
- Children who walk to school arrive more alert and readier to learn.
- Fewer cars mean cleaner air for our children.
- Walking to school rather than coming by car is better for the environment.
- Walking is less stressful than being stuck in traffic and trying to find somewhere to park.
- Walking to school can actually be quicker!

Don't forget your raincoat!

If it rains during Walk to School Week don't forget your raincoat and wellies.

Walking Bus

If your child lives too far away to walk then **St Marie's Church** offer their carpark as a 'Park and Walk' facility, reducing the danger from cars parked around school. Members of our school staff will meet the children on the car park at **8:35am** and will walk those children to school for the duration of 'Walk to School Week'

What next?

Walk to School Week is taking place on **Monday 10th October** to **Friday 14th October**. If your child will be joining us to help make this year's event a great success please sign and return to your child's class teacher.

Yours sincerely,
 Miss B Hunter

Walk to School Week

Name of Child: _____ Class: _____

Parent signature: _____

