

PE Curriculum overview 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	<p>Dance-Nursery Rhymes Can the children create dance movements to popular nursery rhymes?</p> <p>To listen carefully to the Nursery Rhyme and be creative with their movements. To move safely in space taking care themselves and others (heads up, eyes forward, control speed). To work well in pairs showing good listening. To use the pictures to come up with creative and imaginative actions. Teacher led stretches to encourage flexibility, extension and balance and posture.</p>	<p>Dance-Seasons Can the children move in time to the different seasons throughout the year?</p> <p>To move safely in space taking care of ourselves and others (heads up, eyes forward, control speed). To use a mind map to help us move like different Seasons that we know (show different types of travel showing good timing and use of levels). To be creative in our use of travelling movements. To show use of different levels in our travelling movements.</p>	<p>FMS-Jack and the Beanstalk Can the children perform basic movement skills whilst following along to the story?</p> <p>To perform the basic skill of jumping To travel over, under and throw climbing equipment To catch with increasing accuracy. To catch a large sponge ball. To roll in a variety of ways. To catch with increasing accuracy.</p>	<p>Dance-Circus Can the children perform movements and actions linked to the circus?</p> <p>To move safely in space taking care of ourselves and others (heads up, eyes forward, control speed). To listen carefully to the poem and be creative with our movements. To work well in pairs showing good listening. To use the pictures to come up with creative and imaginative actions. To be creative in our use of travelling movements. To show use of different levels in our travelling movements.</p>	<p>Pippa and Eddie-An adventure with emergency services Can the children use their imagination when in the role of the emergency services?</p> <p>To travel in a variety of ways. To adjust speed and direction to avoid obstacles. To show increasing control over an object pushing it. To perform a variety of gymnastic rolls. To over arm throw for distance. To climb nursery play climbing equipment.</p>	<p>Pipa and Eddie-Fantasy Fairytale Can the children perform different movements to popular fairytales?</p> <p>To balance on small body parts. To travel on hands and feet. To show increasing control over an object pushing and patting it. To perform a variety of gymnastic rolls. To show increasing control over an object pushing and patting it. To underarm throw with some accuracy.</p>
EYFS	<p>Fundamentals of Movement Can the children take part in a wide range of fundamentals of movement?</p> <p>To jump for distance To land safely. To underarm throw for distance. To hop on both feet. To catch with increasing accuracy.</p>	<p>FMS-Transport Can the children show different types of speed with control, whilst making turns and jumps?</p> <p>To travel in a variety of ways. To adjust speed and direction to avoid obstacles. To show increasing control over an object pushing it.</p>	<p>FMS-How to Catch a Star Can the children pretend to catch a star whilst jumping, balancing and climbing?</p> <p>To balance on small and large body parts in the shape of a star. To send a ball with accuracy. To jump and land appropriately.</p>	<p>Under the Sea Can the children take up the roll of Eddie and Pippa when adventuring under the sea?</p> <p>To jump, leap and hop into space. To gallop, bend and stretch in space. To balance a beanbag on different parts of the body.</p>	<p>FMS-Superworm Can the children pretend to be Superworm and copy his actions?</p> <p>To perform the basic skill of jumping. To travel in a variety of ways low to the ground. To catch a large ball. To pull themselves up on climbing equipment.</p>	<p>FMS-Rosie's Walk Can the children explore different ways of travelling whilst going on a walk?</p> <p>To jump and land appropriately. To experiment with different ways of travelling; shuffling, running, jumping, skipping, sliding and hopping.</p>

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	To climb with confidence under, over and through climbing equipment.	To perform a variety of gymnastic rolls. To overarm throw for distance.	To climb with confidence under, over and through climbing equipment.	To join in a ring game with others. To work together to protect their friends.	To climb with confidence under, over and through climbing equipment.	To explore different ways of travelling on hands and feet.
EYFS	<p>FMS-Hungary Caterpillar Can the children pretend to move like a caterpillar as well as balance on different body parts?</p> <p>To perform the basic skill of jumping. To travel in a variety of ways low to the ground. To balance on a range of body parts. To travel over, under and through equipment. To roll in a variety of ways.</p>	<p>An Adventure with Emergency Services Can the children carry out the adventure of Pippa and Eddie?</p> <p>To run, jump and roll into space. To throw, catch and roll a ball. To stop and start with control. To balance and bounce a ball. To move around negotiating space.</p>	<p>Fundamentals of Movement Can the children take part in a wide range of fundamentals of movement?</p> <p>Revise jumping for distance Revise landing safely. Revise underarm throwing for distance. Revise hopping on both feet. Revise catching with increasing accuracy. Revise climbing with confidence under, over and through climbing equipment.</p>	<p>FMS-Seaside Can the children carry out different movements whilst pretending to be on the beach?</p> <p>To balance on small body parts. To travel on hands and feet. To show increasing control over an object pushing and patting it. To underarm throw with accuracy.</p>	<p>FMS-Jack and the Beanstalk Can the children follow the story of Jack and the Beanstalk whilst throwing, jumping, climbing and balancing?</p> <p>To experiment with different ways of moving. To move with control and coordination. To use a range of small and large equipment. To jump and land safely.</p>	<p>Fundamentals of Movement Can the children take part in a wide range of fundamentals of movement?</p> <p>Revise jumping for distance Revise landing safely. Revise underarm throwing for distance. Revise hopping on both feet. Revise catching with increasing accuracy. Revise climbing with confidence under, over and through climbing equipment.</p>
Year 1	<p>FMS- Running and Dodging Can the children run quickly whilst dodging obstacles or opponents?</p> <p>To develop the skill of running fast. To change direction whilst running fast. To change direction in relay type races To outwit an opponent.</p>	<p>FMS-Rolling a ball Can the children roll a ball to a partner or target with accuracy and precision?</p> <p>To develop rolling with a variety of equipment. To develop rolling to a partner. To choose which pieces of equipment is best to roll. To roll a ball or object to moving or stationary targets.</p>	<p>FMS-Overarm Throw Can the children perform the overarm to a partner or a target?</p> <p>To perform the overarm throw technique. To develop the overarm throw for distance. To develop the overarm throw for accuracy. To understand and apply simple tactics in a game. <i>Athlete in the Spotlight Hollie Arnold (Paralympian)-The children will observe her</i></p>	<p>FMS-Dance Can the children create short sequences from the story Peter Rabbit.</p> <p>To explore movement. To explore, remember, repeat and link a range of actions with co-ordination and control. To apply gestures into a short sequence. To create a sequence which highlights the key parts of the story.</p>	<p>FMS-Kicking Can the children kick the ball to a partner with some level of accuracy?</p> <p>To explore different ways of kicking using different parts of the foot. To explore kicking different objects. To kick a ball with control and accuracy. To kick at moving and stationary targets with accuracy.</p>	<p>FMS-Football Can the children work as a team to score a goal and beat their opponents?</p> <p>To practise kicking using the side of the foot. To passing the ball to a partner with control and some levels of accuracy. To develop shooting at a target. To work as a team to score a goal</p>

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			throwing technique, for the children to then use with the howlers.			
Year 1	<p>FMS-Underarm Throw Can the children perform the underarm throw accurately to a target?</p> <p>To perform the underarm throw technique. To explore throwing a variety of equipment using the underarm throw. To apply the skill of the underarm throw in different ways. To apply simple tactics in a game.</p>	<p>FMS-Jumping Can the children jump for distance using the correct technique?</p> <p>To jump correctly and safely. To perform a variety of jumps. To perform controlled jumps creating pathways. To combine small and big jumps together.</p> <p>Athlete in the Spotlight Jazmin Sawyer-The children will observe her jumping technique. They will discuss what makes her jump so far, picking apart the key points to then use in their own performance.</p>	<p>FMS-Gymnastics Can the children create simple shapes whilst combining travelling and jumping?</p> <p>To develop travelling. To develop jumping. To perform straight and tuck shapes. To link basic movements together.</p>	<p>FMS-Hopping Can the children hop on the same leg for a short period of time without losing their balance?</p> <p>To hop correctly and safely. To perform a variety of hops, including hopscotch. To perform controlled hops creating pathways. To combine small and big hops together.</p>	<p>FMS-Athletics Can the children prepare themselves for Sports Day?</p> <p>To develop running fast. To develop the 3-spring jump. To develop throwing for distance. To complete a variety of different obstacle courses using different fundamentals.</p>	<p>FMS-Athletics Can the children prepare themselves for Sports Day?</p> <p>To develop running fast. To develop the 3-spring jump. To develop throwing for distance. To complete a variety of different obstacle courses using different fundamentals.</p>
Year 2	<p>FMS- Running and Dodging Can the children sprint whilst dodging obstacles or opponents?</p> <p>To develop the skill of sprinting. To change direction from an opponent whilst sprinting To change direction in tagging games To outwit an opponent whilst sprinting.</p>	<p>FMS- Gymnastics Can The children combine travelling, jumping and balances together?</p> <p>To revise the skills of travelling using hands and feet (including different ways such as crab walking). To perform balances on large and small body parts, whilst linking them to travelling.</p>	<p>FMS- Gymnastics Can The children begin by developing a sequence on floor and mats, starting away from a mat, performing an action towards the mat and then an action across the mat?</p> <p>To develop the skills of travelling using hands and feet.</p>	<p>FMS-Catching Can the children catch a variety of equipment at different speeds?</p> <p>To revise the underarm/overarm throw technique, as well as how to catch. To explore catching at different speeds. To apply the skill of catching in a small sides game.</p>	<p>Athletics Can the children take part in a variety of different athletic events in preparation for Sports Day?</p> <p>To develop running fast. To throw underarm accurately. To develop jumping for distance using the 3-spring jump.</p>	<p>FMS-Football Can the children work as a team to score a goal and beat their opponents?</p> <p>To revise kicking using the side of the foot. To revise passing the ball to a partner with control and accuracy. To develop tactics to outwit and opponent.</p>

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		To revise jumping and landing safely. To link basic movements together smoothly	To perform balances on different body parts. To link basic movements together smoothly	To apply simple tactics in a game.	To develop hopping to a target. Athlete in the Spotlight Usain Bolt -The children will watch Usain Bolt break the Olympic record and discuss what makes him run fast. The children will then copy his technique into their own running ability.	To develop shooting at a target. To work as a team to score a goal
Year 2	FMS-Underarm Throw/Catching Can the children perform the underarm throw accurately to a target? To perform the underarm throw technique. To explore throwing a variety of equipment using the underarm throw. To apply the skill of the underarm throw in different ways. To apply simple tactics in a game.	FMS-Hopping & Jumping Can the children jump for distance using the correct technique? Can the children over on the same leg consistently? To jump correctly and safely. To perfect the hopping technique. To perform a variety of jumps. To perform controlled jumps creating pathways. To combine small and big jumps together. To combine small and big jumps together.	FMS-Rolling a ball Can the children revise rolling a ball to a partner or target at speed? To revise rolling with a variety of different sized balls. To develop rolling to a partner using different speeds. To roll a ball in a small sided game and to think of ways to beat an opponent. To roll a ball or object to moving or stationary targets with control and with some levels of speed.	FMS-Dance Can the children create a short dance that portrays the Great Fire of London? To explore different movements. To explore, remember, repeat and link a range of actions with co-ordination and control. To respond to a stimulus or a piece of music, keeping to the correct rhythm and beat. To apply gestures into a short sequence.	FMS-Kicking Can the children kick the ball through the gates to one another without the ball leaving their area? To explore different ways of kicking. To explore moving with and without the ball. To receive a kick with control. To kick at moving and stationary targets with accuracy.	FMS-Athletics Can the children prepare themselves for Sports Day? To develop running fast. To develop the 3-spring jump. To develop throwing for distance. To complete a variety of different obstacle courses using different fundamentals.
Year 3	Throwing & catching Can the children score points by throwing beanbags to the hoops or their partner? To recap and perform the underarm throw technique. To recap and perform the overarm throw technique	Invasion games (High 5 Netball) Can the children pass and move with the ball towards the end zone to score a point? To perform a specific pass to a partner e.g.	Gymnastics Can the children perform and combine different ways of travelling, balancing and jumping whilst using different pieces of apparatus, including boxes, benches and the horse?	Dance Can the children work individually to create short dances inspired by the Ancient Egyptians? Can they work in small groups to create short dances that express the	OAA Can the children work in small groups to navigate around the school site to find jigsaw pieces to complete the puzzle.	Net and wall (Tennis) Can the children strike the ball over the net so it bounces more than once in their opposition's half?

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	<p>To recap catching an object at various speeds.</p> <p>To apply the skill of the underarm throw/overarm in different ways.</p> <p>To apply simple tactics in a game.</p>	<p>chest pass or side foot pass.</p> <p>To recap the specific pass and perform a variety of other passes to a partner with some accuracy.</p> <p>To create and attack space to get free from a defender.</p> <p>To develop decision making in a small sided game to outwit an opponent.</p>	<p>To perform different ways of travelling using hands and feet.</p> <p>To create balances on small and large body parts and create a short sequence.</p> <p>To perform jumps off small/large apparatus safely and elegantly.</p> <p>To develop a short sequence combining travelling, balancing and jumping.</p> <p>Athlete in the Spotlight Joe Fraser-The children will identify balances and different ways of travelling from the athlete's floor routine. The children will then think of ways to include these movements into their own routine.</p>	<p>Egyptian culture including the Egyptian Gods?</p> <p>To explore Egyptian culture and dance movements.</p> <p>To explore the Egyptian Gods and create movements based on their persona</p> <p>To interpret a visual stimulus and link movements to it.</p> <p>To develop a short sequence of dance movements in small groups linked to the Egyptians.</p>	<p>To use effective communicational skills in group activities.</p> <p>To develop teamwork and trust when working in small groups.</p> <p>To read and understand basic symbols on a bird's eye view map.</p> <p>To complete a basic course in small groups safely.</p>	<p>To strike the ball using a racquet or a small bat</p> <p>To further practise striking the ball using a racquet or small bat.</p> <p>To improve movement and body positioning in a small sided game.</p> <p>To select simple tactics to overcome an opponent in a small sided game.</p> <p>Athlete in the Spotlight Venus Williams-The children will observe her striking ability and basic grip on the racquet to then replicate themselves during the lesson.</p>
Year 3	<p>FMS- Running and Dodging Can the children sprint whilst dodging obstacles or opponents?</p> <p>To recap the skill of sprinting.</p> <p>To recap changing direction from an opponent whilst sprinting</p> <p>To recap changing direction in tagging games</p> <p>To reap outwitting an opponent whilst sprinting.</p>	<p>Invasion games (Handball) Can the children pass, move and shoot the ball towards the end zone or a goal to score a point when playing in a 4v2 game?</p> <p>To perform a specific pass to a partner e.g. bounce pass.</p> <p>To perform shooting at a target or a goal using one hand.</p>	<p>Invasion games (Quicksticks Hockey) Can the children pass, move and strike the ball towards the end zone or a goal to score a point?</p> <p>To perform a specific pass to a partner e.g. push pass.</p> <p>To perform shooting at a target or a goal.</p> <p>Recap the specific pass and perform a variety of other passes to a</p>	<p>Invasion games (Football) Can the children compete in a 4v2 small sided game applying principles attacking and defensive principles?</p> <p>To perform and apply different types of passes.</p> <p>To control the ball from a partner.</p>	<p>Net and Wall (Tennis) Can the children perform simple shots over a net or a set of cones to a partner with control and accuracy?</p> <p>To hold and grip a racket correctly.</p> <p>To balance the ball on the racket.</p> <p>To perform a forehand shot.</p>	<p>Athletics Can the children take part in a mini Olympic event, which includes running, jumping, throwing and sprinting?</p> <p>To explore different running techniques for short and long distance.</p> <p>To developing the jumping for distance technique.</p>

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		<p>Recap the specific pass and perform a variety of other passes to a partner with some accuracy.</p> <p>To create and attack space to get free from a defender.</p> <p>To defend a space and learn to intercept the ball.</p> <p>To develop decision making in a small sided game to outwit an opponent.</p>	<p>partner with some accuracy.</p> <p>To create and attack space to get free from a defender.</p> <p>To develop decision making in a small sided game to outwit an opponent.</p>	<p>To display movement on and off the ball with some level of control.</p> <p>To perform shooting skills at a target using different parts of the foot.</p> <p>To work together as a team to attack space, keeping possession of the ball.</p>	<p>To perform a backhand shot.</p> <p>To perform an underarm serve.</p> <p>To move in time to the ball.</p>	<p>To improve and perform a push throw and sling throw.</p> <p>To perform a hop, step and jump</p>
Year 4	<p style="text-align: center;">Swimming</p> <p>To perform safe self-rescue in different water-based situations.</p> <p>To swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>To use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.</p>	<p style="text-align: center;">Invasion games (High 5 Netball)</p> <p>Can the children pass, move with the ball and develop tactics whilst trying to score a point?</p> <p>To recap a specific pass to a partner e.g. chest pass or bounce pass.</p> <p>To recap the specific pass and perform a variety of other passes to a partner with some accuracy, keeping the ball away from an opponent.</p> <p>To create and attack space to get free from a defender.</p> <p>To develop decision making and tactics in a</p> <p style="text-align: center;">Net and wall (Tennis)</p> <p>Can the children perform a rally in pairs over a net performing a variety of shots?</p> <p>To revise playing a forehand and backhand shot with control.</p> <p>To revise serving a ball diagonally using the underarm serve.</p> <p>To move your feet and get into position to play a specific shot.</p> <p>To use tactics to overcome the opposition.</p> <p style="text-align: center;">Striking and fielding (Rounders)</p> <p>Can the children take part in a rounders match, showcasing striking and fielding skills?</p> <p>To practise bowling using the underarm to a partner or a target.</p> <p>To practise catching and the overarm throw.</p> <p>To strike a ball with a bat with accuracy into space.</p> <p>To develop and use tactics in a rounders game.</p>				

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				small sided game to outwit an opponent.		
Year 4	<p>Invasion Games Rugby Can the children work together to outwit their opponents to score a try?</p> <p>To send and receive a pass with control e.g. sideward pass. To travel with the ball with confidence. To create and apply basic attacking principles. To develop decision making in a small sided game to outwit an opponent.</p>	<p>Gymnastics Can the children create a sequence of six skills which include rolls, jumps and balances?</p> <p>Can the children teach their sequence to a partner and then perform the two sequences at the same time?</p> <p>To perform different ways of travelling using hands and feet. To create balances on small and large body parts and create a short sequence. To perform jumps off small/large apparatus safely and elegantly. To develop a short sequence combining travelling, balancing and jumping whilst mirroring a partner.</p> <p>Athlete in the Spotlight Ellie Downie-The children will analyse Simone Bile's balances and jumps for them to use in their own performance.</p>	<p>Athletics Can the children take part in a mini Olympic event, which includes running, jumping, throwing and sprinting?</p> <p>To revisit different running techniques for short and long distances. To developing the jumping for distance technique, using technology to improve performance. To improve and perform a push throw and sling throw using different pieces of equipment. To perform a hop, step and jump for distance.</p> <p>Athlete in the Spotlight Philips Idowu-The children will observe the athlete's jumping technique and what makes him successful. They will then mimic these key points into their own performance. Hollie Arnold (Paralympian)-The children will observe her throwing technique, for the children to then use with the howlers.</p>	<p>Dance Can the children work individually to create short dances inspired by the Romans, as well as creating short dances that express the Roman culture including the soldiers, settlements and pastimes?</p> <p>To explore movements of a Roman soldier. To further explore life of a Roman soldier heading to battle. To create symmetrical shapes and movements linking to Roman buildings. To develop a short sequence of dance movements in small groups linked to the Roman's past times and entertainment.</p>	<p>Striking and fielding (Cricket) Can the children perform bowling at a target, striking the ball off a tee and running between the stumps?</p> <p>To recap the underarm throw to a partner or a target. To recap the overarm throw to a partner or a target. To recap bowling at a target using the underarm throwing technique. To recap batting off a tee and from a delivery. To work as a team in a small sided game.</p> <p>Athlete in the Spotlight Sachin Tendulkar-The children will analyse the athlete's striking ability to use in their own batting technique.</p>	<p>OAA Can the children work in teams to find Maths questions around the school perimeter using a map?</p> <p>To improve communicational skills in group activities. To carry out problem-solving tasks. To recognise symbols and features on a map. To adopt a specific role when working in a team e.g. map reader.</p>

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Year 5	<p>Athletics</p> <p>Can the children perform and record their personal scores in the <i>long jump, triple jump, 100m relay dash and javelin throw</i>?</p> <p>To develop the sprinting technique using technology. To developing throwing skills with different equipment. To develop jumping for distance from a standing position and from a run up. To develop the standing hop, step and jump. To work as a team in a relay race, showing a good exchange with the baton. <i>Athlete in the Spotlight Dina Asher-Smith</i>-The children will observe her sprinting technique, picking apart the key points to then use in their own performance.</p>	<p>Gymnastics</p> <p>Can the children create a paired sequence of counter balances and actions (jumps and travelling), developing their sequence on floor and mats before adapting it to apparatus?</p> <p>To perform balances with a partner. To perform counter balances with a partner. To perform counter tension balances with a partner. To create a gymnastic sequence with a partner. <i>Athlete in the Spotlight Simone Biles</i>-The children will analyse Simone Bile's balances and jumps for them to use in their own performance.</p>	<p>Dance</p> <p>Can the children in small groups perform actions and sequences of that of the vicious Vikings?</p> <p>To use a variety of movements in isolation and combination. To develop flexibility, strength, technique, control and balance. To perform dances using a range of movement patterns. To compare and evaluate performances against previous ones. To demonstrate improvement to achieve personal targets</p>	<p>Invasion games (Football)</p> <p>Can the children compete in a 5v5 small sided game applying principles attacking and defensive principles?</p> <p>To perform and apply different types of passes using different parts of the foot. To control the ball. To display movement on and off the ball, attacking space. To perform shooting at a target using different parts of the foot. To work together as a team to outwit an opponent.</p>	<p>Invasion Games Rugby</p> <p>Can the children work together to outwit their opponents to score a try in a 5v5 game?</p> <p>To revisit sending and receiving a pass with control e.g. sideward pass. To travel with the ball with confidence into space whilst dodging and performing feint passes. To create and apply basic attacking principles. To develop decision making in a small sided game to outwit an opponent.</p>	<p>Striking and fielding (Cricket)</p> <p>Can the children work as a team, showing tactics and strategies to win an adapted cricket game?</p> <p>To learn fielding techniques. To recap the underarm bowl to a target or a person. To learn the overarm bowl at speed to a target or a batter. To recap batting off a tee and from a delivery. To work as a team in a small sided game, using tactics to outwit the opposition.</p>
	<p>Invasion games (Netball)</p> <p>Can the children in small sided games, make their way past the opposition to score a goal or finish in the end zone?</p> <p>To revisit practise passing the ball with accuracy using a variety.</p>	<p>Invasion games (Handball)</p> <p>Can the children play in a 7v7 game, using attacking and defending skills to overcome the opposing team?</p> <p>To pass the ball one handed with accuracy to a partner.</p>	<p>Invasion games (Quicksticks)</p> <p>Can the children in small sided games, make their way past the opposition to score a goal or finish in the end zone?</p> <p>To practise travelling and passing with a ball</p>	<p>OAA</p> <p>Can the children work as a team to find all the control points (where a piece of a puzzle lies) to then piece their jigsaw together?</p> <p>To build on trust when carrying out challenge tasks in small groups.</p>	<p>Striking and fielding (Rounders)</p> <p>Can the children take part in a rounders match, showcasing striking and fielding skills?</p> <p>To practise bowling underarm to a partner or a target.</p>	<p>Net and wall (Tennis)</p> <p>Can the children perform a variety of different tennis strokes in a competitive small sided game, over the net/cones so it bounces more than once in their opposition's half?</p>

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	<p>To practise receiving a ball in space away from the opposition.</p> <p>To create and apply tactics within a game to overcome an opponent.</p> <p>To develop the ability of working as a team to score a goal or get to the end goal.</p>	<p>To receiving the ball in space away, catching with two hands.</p> <p>To move with the ball into space.</p> <p>To practise moving and passing at the same time with accuracy and control.</p> <p>To develop the ability of working as a team to score a goal or get to the end goal.</p>	<p>To practise sending and receiving a ball to or from an object or target with some level of support.</p> <p>To create and apply tactics within a game to overcome an opponent.</p> <p>To develop the ability of working as a team to score a goal or get to the end goal.</p> <p>Athlete in the Spotlight Kwan Browne-The children will observe his passing ability and will apply his skills and technique into their own game, as well as comparing their technique to his.</p>	<p>To understand the 8 points of a compass.</p> <p>To begin to use a compass when navigating around a course or trail.</p> <p>To record data when reaching a control point.</p>	<p>To practise catching and fielding.</p> <p>To strike a ball with a bat with accuracy.</p> <p>To develop and use tactics in a rounders game.</p> <p>Athlete in the Spotlight Hollie Arnold (Paralympian)-The children will observe her throwing technique, for the children to then use with the rounders ball.</p>	<p>To strike the ball using a forehand shot.</p> <p>To strike the ball using a backhand shot.</p> <p>To practise the underarm serve.</p> <p>To develop tactics and strategies whilst playing a shot.</p>
Year 6	<p>Invasion games (Basketball)</p> <p>Can the children compete in a 5v5 small sided game applying principles attacking and defensive principles?</p> <p>To perform and apply different types of passes.</p> <p>To control the ball.</p> <p>To dribble with the ball past an opponent.</p> <p>To perform shooting at a target.</p> <p>To work together as a team to outwit an opponent, using tactics to overcome the opposition.</p>	<p>Invasion games (Hockey)</p> <p>Can the children compete in a 7v7 game with the aim of scoring more goals than the opponent?</p> <p>To revise moving with the ball.</p> <p>To revise passing using the correct grip on the hockey stick and with control and precision.</p> <p>To control the ball at speed.</p> <p>To dribble with the ball past an opponent.</p>	<p>Invasion games (Tag Rugby)</p> <p>Can the children compete in a small sided evenly matched game applying principles attacking and defensive principles to score/prevent a try?</p> <p>To revise moving into space with the ball.</p> <p>To catch the ball whilst on the move.</p> <p>To display movement on and off the ball, attacking space.</p>	<p>Invasion games (Football)</p> <p>Can the children compete in a 5v5 small sided game applying principles attacking and defensive principles?</p> <p>To perform and apply different types of passes using different parts of the foot.</p> <p>To control the ball.</p> <p>To display movement on and off the ball, attacking space.</p>	<p>Net and wall (Tennis)</p> <p>Can the children perform a variety of different tennis strokes in a competitive small sided game, over the net/cones so it bounces more than once in their opposition's half?</p> <p>To strike the ball using a forehand shot.</p> <p>To strike the ball using a backhand shot.</p> <p>To practise the underarm serve.</p>	<p>Striking and fielding (Rounders)</p> <p>Can the children take part in a rounders match, showcasing striking and fielding skills?</p> <p>To practise bowling underarm to a partner or a target.</p> <p>To practise catching and fielding.</p> <p>To strike a ball with a bat with accuracy.</p> <p>To develop and use tactics in a rounders game</p>

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		<p>To perform shooting at a target with accuracy.</p> <p>To work together as a team to outwit an opponent, using tactics to overcome the opposition.</p>	<p>To use formations and tactics to get past the opponent to score a try.</p> <p>To evaluate team work, providing areas for improvement.</p>	<p>To perform shooting at a target using different parts of the foot.</p> <p>To work together as a team to outwit an opponent.</p> <p><i>Athlete in the Spotlight</i> Marcus Rashford-The children will observe his passing, movement and shooting ability and will apply his skills and technique into their own game.</p>	<p>To develop tactics and strategies whilst playing a shot.</p> <p><i>Athlete in the Spotlight</i> Serena Williams-The children will explore her forearm, backhand and serve technique, stating why it's successful.</p>	
Year 6	<p>OAA</p> <p>Can the children complete an orienteering course using a map, with the challenge of finding between eight and 12 controls?</p> <p>To work effectively as a team, showing effective leadership skills.</p> <p>To use all 8 points of a compass when navigating around a course, setting a direction each time.</p> <p>To practise keeping the map set when finding controls.</p> <p>To evaluate and refine teamwork when completing a trail or a course.</p>	<p>Invasion games (Handball)</p> <p>Can the children in small sided games, work as a team and use tactics and strategies to score a goal?</p> <p>To revise passing the ball with accuracy with either one or two hands on the ball.</p> <p>To practise receiving a ball in space away from the opposition.</p> <p>To create and apply tactics within a game to overcome an opponent.</p> <p>To develop the ability of working as a team to</p>	<p>Gymnastics</p> <p>Can the children create a mirrored sequence of counter balances and actions (jumps and travelling), developing their sequence on floor and mats before adapting it to apparatus?</p> <p>To perform easy to challenging balances with a partner and on their own.</p> <p>To perform counter balances with a partner.</p> <p>To perform counter tension balances with a partner, whilst</p>	<p>Dance</p> <p>Can the children express some of their ideas clearly when composing and performing: work in a group, cooperating with and following others to complete work?</p> <p>To identify the difference between movements, in relation to dynamics, speed and direction.</p> <p>To describe and explain the contrasting movement within their sequence.</p>	<p>Striking and fielding (Cricket)</p> <p>Can the children work as a team, showing tactics and strategies to win an adapted cricket game?</p> <p>To learn fielding techniques.</p> <p>To recap the underarm bowl to a target or a person.</p> <p>To learn the overarm bowl at speed to a target or a batter.</p> <p>To recap batting off a tee and from a delivery.</p> <p>To work as a team in a small sided game, using</p>	<p>Athletics</p> <p>Can the children perform and record their personal scores in the long jump, triple jump, 100m relay dash and javelin throw whilst using technology to further improve their own technique?</p> <p>To recap the sprinting technique using technology.</p> <p>To recap throwing skills with different equipment.</p> <p>To recap jumping for distance from a standing position and from a run up.</p>

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		score a goal or get to the end goal.	incorporating travelling or jumping. To create a technical gymnastic sequence with a partner.	To observe and comment on other performances in relation to contrasting actions. To work with a partner to join foot movements to create a simple motif. To think of group dynamics and where they are in relation to their partner/group. To move in unison with each other.	tactics to outwit the opposition.	To revisit the standing hop, step and jump. To work as a team in a relay race, showing a good exchange with the baton, thinking of ways to improve their time.
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